

HOT ON THE SHELVES

Have a party in your pantry with the season's most exciting new products... by Zaza Motha

1 Pep it up

New hot and mild **Peppadew Sweet Piquanté Pepper Relishes** are full of zing. Use them as a dip on your crudité tray or drizzle on stir-fried veggies. They contain no artificial colorants or preservatives and will last up to four weeks once opened. Around R15. Call 0800 002 821 or visit www.peppadew.com.

2 Brine free

Gone are the days of struggling with stubborn feta tubs that break your nails, or having messy brine leak all over your fridge. New Greek-style **Fairview Feta** comes in brineless, airtight, wrapped packs in 100g and 200g sizes. Made from single-herd Jersey milk, the tangy cheese has a pleasing, firm texture. From R10. Call 021-863-3959 or visit www.fairview.co.za.

3 Instant taste

If processed instant meals have left a bad taste in your mouth, try **Spar's Freshline Ready-To-Eat** extended range to revive your palate. Pop the Spar Ready-To-Eat meals in the microwave for five minutes and add the salads for a complete gourmet experience. Thirty different meals and salads are available at selected SuperSpars. From around R17. Call 0860 313 141.

4 A 28-hour day

Summer brings longer days and you can make yours last even longer with **28**, the new premium energy drink. Refreshing and lightly carbonated, it comes in Black and White (sugar free). Around R19. Call 021-552-5190.

5 Dimensions of tea

Revolution **3D** Multi Dimensional Beverage is a combination of white tea and super-fruit juice. It is crisp, natural, full of antioxidants and low in calories. Flavours include Mango, Blueberry, Pink Grapefruit and Pomegranate. Around R17. Call 084 800 1979 or visit www.revolutiontea.co.za.

6 Oil over the world

Olives have been cultivated and enjoyed for thousands of years and the quality of **Filippo Berio Extra Virgin Olive Oil** has been assured by olive oil masters since 1829. It has a mildly fruity taste and a greenish-gold colour. From around R30. Call 021-527-9999 or visit www.filippoerio.co.za.

7 Bashew street boys

Bashew's, the Western Cape's oldest soft-drinks company, is celebrating its 40th anniversary with drinks delivered door-to-door. The lightly carbonated drinks come in seven fun flavours. Also available from Western Cape Fruit & Veg Cities and leading stores. From R2 a bottle. Call 021-951-2233 or visit www.bashews.co.za.

8 Tea Revolution

Revolution Tea Infuser Bags are made of finely threaded nylon to make the steeping process quicker and more efficient, and are individually packaged for maximum freshness. Try Dragon Eye Oolong, English Breakfast and White Pear. From around R50 for a box. Call 084 800 1979 or visit www.revolutiontea.co.za.

9 Sweet oil

Crédé Natural Oils provide nutrition, ease of use and health benefits. Crédé Organic Virgin Coconut Oil will make bakers smile with its buttery taste, sweet fragrance and essential fatty acids. The varied Cold Pressed Food Oil Range is perfect for all forms of high-heat cooking. From around R30. Call 021-853-8389 or visit www.credeoils.com.

10 So mama says

Somama has combined two of the highest antioxidant-containing foods to bring you a deliciously healthy snack. **Somama Dark Chocolate Goji Berries** (fashionable dried Goji berries coated in 70 percent dark chocolate) are hard to stop eating once you begin. From R40. Call 031-583-8030 or visit www.somama.co.za.

11 Lemon zest

New **Lecol Flavoured Lemon Juice** comes in three flavours: garlic and herb, butter and peri-peri, adding a special subtle taste to your dishes and saving you preparation time. Add it to dishes while cooking or drizzle over just before serving. Around R10. Call 0800 118 575 or visit www.appletiser.co.za.

12 Beef up

If you love good biltong, try **NonPareil Freshly Sliced Moist Beef Biltong**; tender, tasty and made from 100 percent prime beef. Eat it as a snack, dice it into stews, salads and pâtés or even add a little to muffins and pot breads before baking. From around R32. Call 0860 106 131 or visit www.nonpareil.co.za.



Photograph by Graeme Wylie; prices correct at time of going to print.